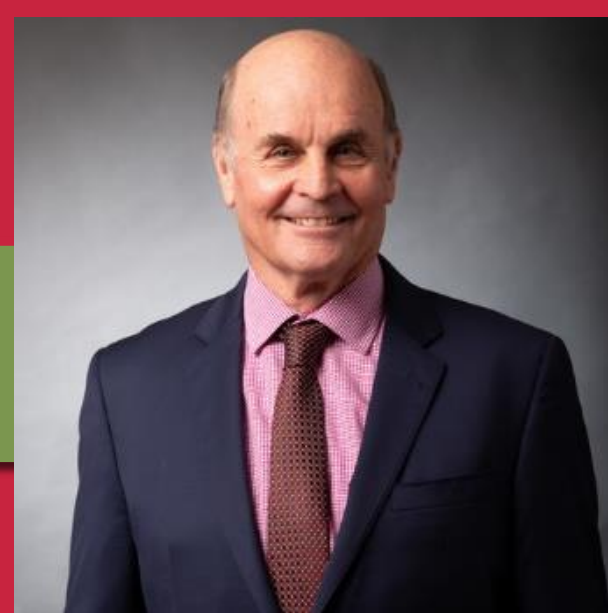


Memorable, Engaging, Insightful

# John Faisandier

Author, Consultant, Trainer, Emotional Intelligence Expert



Using the creativity that psychodrama provides, John Faisandier has taught thousands of people how to turn difficult moments into positive experiences and to **Thrive Under Fire.**

## The Power of Psychodrama

*Psychodrama* is an active and creative therapeutic approach that uses guided drama and role playing to work through problems.

Psyche = the mind  
Drama = to act

Psychodrama is effective, deep and long-lasting protocol that allows group members to watch their story unfold through the power of unique roles. Participants are able to see their world from new perspectives.

Bringing decades of experience from his time in clergy, to his passion for anthropology, to corporate training and management, to his marriage of thirty years, John brings these therapeutic techniques into corporate and relationship training to help people manage the heat of emotional outbursts, build strong bonds with co-workers, staff, management and in their personal life.

## Fully customized workshops and training for groups of all sizes

### John's Most Requested Topics

- Understanding and managing emotions... yours and others
- Transitioning! Journey to intimacy and personal development through psychodrama
- Customer service: building effective business relationships
- Cross-cultural communication
- How entrepreneurs can use simple EQ techniques to build a successful business

2008

NZATD Education Trust Award for Facilitation

2010

NZATD Education Trust Award for Innovation  
New Zealand Association for Training and  
Development (NZATD)

## John Faisandier

John grew up in a working-class family of nine, before venturing abroad and taking up his first teaching opportunity as a volunteer in Tonga, at the budding age of 18.

He later went on to join the Catholic priesthood where he lived a celibate, religious life of ministry and chaplaincy for almost two decades, completing degrees in anthropology, theology and adult education along the way.

After 19 years in the priesthood, experiential psychodrama training ignited John's journey to wholeness, healing and intimacy. It was through the power of psychodrama John was able to step out into the world in search of real connection and deeper love, meeting his soon to be wife.

John began his work as a psychodramatist in a drug and alcohol treatment hospital, and later went on to develop an effective program for managing emotions, difficult people and situations that has helped thousands since.

Married to the love of his life for 30 years, John is now settled in Wellington, New Zealand and is the proud father of a grown son.

Author of the acclaimed book, **Thrive Under Fire**, John's teachings are shared in workshops and e-learning across the globe

# Rave Reviews

*The skills I learned from John have stuck with me and prepared me so well for difficult and brave conversations that I still think about it 10 years later.*

**Elle Taylor, Agricultural Consultant**

*This is by far the best de-escalation course I have seen! Congratulations to John Faisandier who put this together. It needs to be compulsory.*

**Greg West (Registered Nurse), Acute Inpatient Service, Nelson Marlborough Health Service.**

*I'm particularly impressed with the pedagogically sound delivery and the overall high quality of the TUF online course. I'm especially impressed as a colleague and I have looked at lots of courses from all over the world. Yours is a stand out on all fronts. I'm really thrilled with it.*

**Wendy Baker. Director, New Zealand Coaching and Mentoring**



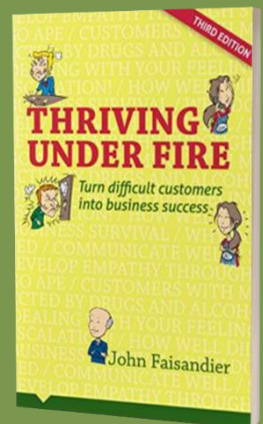
## The origins of TUF (Thriving Under Fire)

When John Faisandier worked as the psychodrama therapist at the drug and alcohol rehabilitation center, Queen Mary Hospital, Hanmer Springs, N.Z. he encountered many angry people. When patients became upset, they often shouted, punched the walls and stormed out of the room.

After a time, John worked out that by staying calm himself and fully acknowledging the patient's distress they would settle down and be able to continue the therapy work they had begun. This one significant action of acknowledging the person's feelings has become the key to what is taught in the TUF program.

Since its inception, the TUF program has been taught to people around the globe with stunning results. It has helped countless women and men, from all walks of life, better deal with difficult people in their work and personal lives.

When things get tough, give TUF a go. It will be a game-changer and life-changer.



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